

# EL EL FRIJOLES

Mexican Food

**41 Caterpillar Rd.**  
**Sargentville, ME 04673**  
**207-359-2486**

**Wednesday-Sunday**  
**11 a.m. to 8 p.m.**

## Antojitos & Ensaladas

Check the board for daily specials

Chips and Salsa	\$2.95
Quesadilla	\$3.95
Nachos	\$7.95
Add chicken, carne asada or pork tinga	\$10.95
Cabbage Ensalada De La Paz	\$3.95
Add fresh local crab	\$5.95

## Main Courses

Local Crab Empanadas (3)

A trio of savory masa (corn flour) turnovers, stuffed with fresh, local crab and cheese. Served on a bed of our Ensalada de la Paz and topped with crema and guacamole

Check the board for our daily special empanadas!

## Burritos

Veggie \$4.95  
Grilled flour tortilla, rolled around rice, beans, cheese, crema and salsa

Or add your choice of:

Rajas y papa \$6.95  
Potato and chiles  
Pollo Asada \$6.95

Grilled chicken, stewed in a spicy red mole (no, not moles, that's gross—Mole is a red sauce made with chiles, nuts and chocolate)  
Pork Tinga \$7.95

Slow-cooked pork, shredded with tender potatoes in a chipotle chile sauce  
Carne Asada \$8.95

All-natural beef flank steak, rubbed with sea salt and marinated in fresh lime juice, then char-grilled and shredded

Spicy Lobster \$14.95  
House special! Fresh Maine lobster, sautéed in butter, garlic and Mexican spices. Some wicked good!

## Tacos

Three fresh, house-made corn tortillas filled with your choice of:

Rajas y papas \$6.95  
Potatoes and cheeses with zesty green chilies  
Pollo Asada \$6.95  
Grilled chicken, stewed in a spicy red mole sauce  
Pork Tinga \$7.95

Slow-cooked pork, shredded potatoes in a smoky chipotle chile sauce

Spicy lobster \$14.95  
House special! Fresh Maine lobster, sautéed in butter, garlic and Mexican spices.  
Some wicked good!

## SPECIALS

*Be sure to check the board to see what Michele has made up for today.*

## Por Los Niños

For those small in stature, and less adventurous of palate

Mini Burrito	\$4.00
PB&J Quesadilla	\$3.95
Flour Tortilla	\$1.75

**Call ahead for take-out**  
**359-2486**

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